



BREAKFAST

Available 8am - 4pm daily



California Morning Eggs Benedict

EGGS BENEDICT

All Eggs Benedict breakfasts served with three soft poached eggs on toasted English muffin, breakfast potatoes & hollandaise sauce

California Morning 🌱 avocado, guacamole & pico de gallo 18.95 (870 Cals)

Classic Benedict Canadian peameal bacon 17.45 (700 Cals)

Benjamin smoked salmon & red onion 19.95 (620 Cals)

Florentine 🌱 sauteed mushrooms, spinach & truffle oil hollandaise 18.95 (630 Cals)

Crispy Chicken golden fried chicken 21.95 (1120 Cals)

Braised Beef tender short rib & goat cheese 19.45 (1620 Cals)



Veggie Medley Omelette

OMELETTES

All 3 egg omelettes served with breakfast potatoes & whole wheat toast

Side Fruit Cup 🍷 (-90 Cals), Sweet Potato Fries (+160 Cals) or Mediterranean side Salad 🍷 (-60 Cals) can be substituted for breakfast potatoes for an additional 1.50

Deluxe smoked ham, sausage, bacon, green pepper, red onion & mushroom. 18.95 (910 Cals)

Veggie Medley 🌱 zucchini, mushroom, green pepper & onion 16.95 (570 Cals)

Western smoked ham, cheddar, green pepper & red onion 17.95 (730 Cals)

Spinach Feta 🌱 spinach & feta cheese 16.95 (650 Cals)

Mediterranean 🌱 olives, zucchini, feta & tomato 17.45 (580 Cals)

Bacon Cheddar bacon & cheddar cheese 16.95 (690 Cals)

Egg White Omelette additional 2.00 to any omelette (-150 Cals)

Make Your Own Omelette

Start with a 3 egg omelette 15.45 (490 Cals), then add:

Ham (60 Cals), Bacon (80 Cals), or Sausage (100 Cals) .95 each

Cheddar (110 Cals), Swiss (110 Cals), Mozzarella (80 Cals), or Feta (70 Cals) 2.00 each

Roasted Red Pepper, Zucchini, Green Pepper, Mushroom, Tomato, Red Onion (20 Cals each), Spinach (5 Cals) or Kalamata Olives (30 Cals) .95 each

AVOCADO TOAST

All Avocado Toast items served on rye toast with two soft poached eggs, avocado slices, guacamole, pea shoot garnish, & refreshing fruit cup

Classic Avocado Toast 🌱 with zesty pico de gallo 19.45 (710 Cals)

Bacon Jam Avocado Toast with housemade bacon jam & swiss cheese 19.45 (790 Cals)

Spinach Mushroom Truffle Toast 🌱 with spinach & sauteed mushrooms and drizzled with truffle oil 19.45 (830 Cals)





Classic Avocado Toast

No substitutions will be made for ingredients.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Any add-ons or substitutions add indicated calories to total calorie count. 🌱 indicates vegetarian menu item. All items identified with 🍷 are made gluten free; however due to the possibility of cross contact with items we consider those items gluten-friendly. Please notify management if you have allergies.



THREE EGG BREAKFASTS

All 3 egg Breakfasts served with 3 eggs, any style, breakfast potatoes & whole wheat toast. White (+10 Cals) or Rye bread (-40 Cals).
Sweet Potato Fries (+160 Cals), Mediterranean side Salad  (-60 Cals), or side Fruit Cup  (-90 Cals) can be substituted for breakfast potatoes for an additional 1.50

Morning Feast 3 egg Breakfast with a warm fresh waffle and choice of one protein* 19.30 (1560-1620 Cals)

Triple Egg Sunrise 3 egg Breakfast includes choice of one protein* 16.95 (1200-1260 Cals)

Triple Egg Start 13.95 (490 Cals) three eggs, no protein

Protein Choice* ham (710 Cals) or bacon (770 Cals)
Add peameal bacon (710 Cals), turkey sausage (640 Cals) or farmers sausage (1160 Cals) +1.50 each

PANCAKES, WAFFLES & FRENCH TOAST

The following items served with fruit cup, ham or bacon, choice of one topping, chantilly cream drizzle, powdered sugar & table syrup.

Pancakes 3 pancakes 16.95 (1310-1520 Cals)

Belgian Waffle 16.95 (1210-1420 Cals)

French Toast 3 slices 18.95 (1380-1590 Cals)

Choice of Toppings: Strawberry (40 Cals), Banana (100 Cals), Blueberry (100 Cals), Chocolate chips (145 Cals), Caramel sauce (145 Cals), Strawberry sauce (145 Cals), Nutella (240 Cals)

100% Pure Maple Syrup with breakfast 3.50 (30 Cals)

Chicken Waffle crispy buttermilk marinated chicken breast on waffle, breakfast potatoes & table syrup 19.95 (930 Cals)



Triple Egg Sunrise



Pancakes with Chocolate Chips & Bacon

Enhance your dish with the richness of 100% PURE CANADIAN MAPLE SYRUP

BREAKFAST SANDWICHES

Sandwiches served on wheat toast with breakfast potatoes. White toast (+10 Cals) or rye (-40 Cals). Add cheese +2.00 (70-110 Cals)


Cuban pulled pork, fried egg, peameal bacon, swiss cheese, pickle & mustard on ciabatta bun 16.95 (730 Cals)


Western egg, ham, bell pepper, & onion on toast 13.45 (390 Cals)

BLT bacon, lettuce, tomato on toast 13.45 (550 Cals)

PLT peameal bacon, lettuce, tomato on toast 15.45 (630 Cals)

Peameal Egg n' Cheese peameal bacon, fried egg, & cheddar cheese, on a soft burger bun 15.45 (570Cals)

Ham Feta  ham, fried egg, feta & onion, on a gluten free bun 15.45 (390 Cals)

Triple Grilled Cheese  triple toast with double cheddar cheese 13.45 (490 Cals)

BREAKFAST SIDES

	Cals
Ham	5.95 210
Bacon	5.95 270
Peameal bacon	6.95 210
Turkey sausage	6.95 100
Farmer's sausage	6.75 660
Smoked Salmon	9.00 110
Crispy Chicken	7.00 250
Breakfast potatoes	5.75 160
Fruit Cocktail	7.50 90
Toast (whole wheat)	2.95 170
French Toast	10.95 390
Pancakes	9.95 460
Waffle	9.95 360



Waffle with Blueberries & Bacon