

DESSERTS

FRESH BELGIAN WAFFLES

East Meets West™ The Classic Favourite. Fresh strawberries and French vanilla ice cream sided by bananas & Venetian chocolate ice cream - topped with strawberry puree, chocolate syrup & whipped cream. 15.95 (840 Cals)

nutella Banana Nutella and ripe banana over Venetian chocolate ice cream - finished with whipped cream, hazelnuts, shaved chocolate & chocolate sauce. 16.95 (1980 Cals)

Chocolate Divine A Symposium Signature Dessert. Chocolate brownie, Venetian chocolate ice cream, chocolate syrup, bananas & whipped cream. *contains nuts 16.95 (1280 Cals)

Apple Caramel Crumble Warm apple & cinnamon bark compote over French vanilla ice cream. Topped with caramel sauce, graham crumble & whipped cream. 15.95 (1480 Cals)

Blueberry Shortcake Cheesecake bites and wild blueberry compote over French vanilla ice cream. Garnished with blueberries, marshmallow sauce & whipped cream. 16.95 (1310 Cals)



East Meets West™ Waffle

AFFOGATOS

A scoop of rich ice cream “drowned” with a shot of hot espresso

Vanilla Amaretto Amaretto flavoured espresso over French vanilla ice cream. Topped with almonds & whipped cream. 9.95 (620 Cals)

Choco Hazelnut Hazelnut flavoured espresso over rich Venetian chocolate ice cream. Topped with roasted hazelnuts and whipped cream. 9.95 (640 Cals)

Add a smooth liqueur to the mix. Ask your server.



Vanilla Amaretto & Choco Hazelnut Affogato

CREPES

Bananarama Crepe Nutella filled crepes with ripe bananas, fresh strawberries, chocolate drizzle and whipped cream. 10.95 (710 Cals)

Caramel Apple Crepe Homestyle apple filling, caramel sauce, graham crumble and cinnamon. 10.95 (1110 Cals)



Bananarama Crepe

COLOSSAL PAN-BAKED COOKIES

Chocolate Chip Giant

A giant chocolate chip cookie topped with Snickers™ bites, chocolate & caramel sauce over French vanilla ice cream. Topped with a dusting of cocoa, dark chocolate shavings and whipped cream. 14.95 (1920 Cals)

S’mores & More

A giant chocolate chip cookie with chocolate bites along with marshmallow and chocolate sauces over Venetian chocolate ice cream. Topped with a dusting of cocoa, graham and whipped cream. 14.95 (1970 Cals)

A plate sized, warm & gooey cookie topped with ice cream



DESSERT SQUARES

Caramel Toffee Apple Square Caramel, toffee and Granny Smith apples combine in this delicious square. Topped with whipped cream and caramel sauce. 6.95 (290 Cals)

“Just a Bite” Apple Square with Ice Cream Caramel Toffee Mini Apple Square with a scoop of cold and creamy French vanilla ice cream. Topped with caramel drizzle and whipped cream. 6.95 (370 Cals)

“Just a Bite” Brownie Square with Ice Cream Caramel Chocolate Mini Brownie with a scoop of cold and creamy French vanilla ice cream. Topped with chocolate drizzle and whipped cream. *contains nuts 6.95 (460 Cals)

Symposium Gluten Free Brownie A delicious option with rich brownie flavour. Served with whipped cream. 6.95 (400 Cals)

Caramel Chocolate Brownie Brownie pieces and caramel drizzled with toasted pecans and chocolate ganache & topped with whipped cream and chocolate syrup. *contains nuts 6.95 (520 Cals)



Caramel Chocolate Brownie

No substitutions will be made for ingredients.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Any add-ons or substitutions add indicated calories to total calorie count. 🌱 indicates vegetarian menu item. All items identified with 🌾 are made gluten free; however due to the possibility of cross contact with items we consider those items gluten-friendly. Please notify management if you have allergies.

GAUFRETTES Sweet mini waffles

Berry Banana Fresh strawberries, blueberries and bananas over French vanilla ice cream. Topped with strawberry sauce & whipped cream. 9.95 (1200 Cals)

Apple Cinnamon Warm apple cinnamon compote and graham crumble over French vanilla ice cream. With drizzled caramel and whipped cream. 9.95 (1110 Cals)



Berry Banana Gaufrette

SIGNATURE CAKES

Sky High Carrot Cake
A Symposium Exclusive. The best carrot cake around!
A perfectly balanced combination of lightly spiced cake, enhanced with cranberries, walnuts & pineapple. Finished with smooth cream cheese icing. 11.95 (880 Cals)

Fudge Brownie Cheesecake
Our best-selling New York style cheesecake.
Mounds of mouth-watering fudge brownies draped in thick chocolate fudge, atop a chocolatey graham crust. 9.95 (870 Cals)

Hummingbird Cake
A Traditional Southern Favourite
Toasted coconut, pineapple and banana combine for a delicious cake flavour. Covered in butter cream icing and topped with walnuts. 11.95 (1065 Cals)

Cake & Ice Cream Add a scoop of cold, creamy ice cream to enjoy with your favourite cake. 2.95 (160 Cals)



Carrot, Fudge Brownie & Hummingbird

Visit our Cake Showcase for more dessert options Sky High Cakes 11.95 Regular Cakes 9.95

ICE CREAM FAVOURITES

Double Scoop Sundae 7.95 (480 Cals)
Choose from French vanilla ice cream with chocolate syrup or Venetian chocolate ice cream with caramel syrup. Add fresh strawberries (+90 Cals) and ripe bananas (+150 Cals) for 1.50 each

Ice Cream Cookie Sundae Warm, melted chocolate cookie center topped with French vanilla ice cream, chocolate sauce & whipped cream. 9.75 (730 Cals)



Ice Cream Cookie Sundae



Mocha, Cafe Latte & Symposium Signature Cakes

MILKSHAKES

Fresh Fruit Milkshakes Made the old-fashioned way with real ice cream & your choice of fruit. Topped with whipped cream and strawberry-banana garnish. Choose your favourite from six refreshing fruits or create a rainbow of flavour with your own fresh fruit combination. 9.95 (750-850 Cals)

Strawberry (40 Cals), Banana (100 Cals), Raspberry (60 Cals), Blueberry (70 Cals), Blackberry (50 Cals) or Pineapple (60 Cals)

Classic Chocolate Milkshake 7.95 (Cals 850)

Creamy Vanilla Milkshake 7.95 (Cals 780)

Smooth Caramel Milkshake 7.95 (850 Cals)



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