



DESSERTS

WAFFLES & CREPES

All waffles & crepes topped with whipped cream

East Meets West™ Waffle Our signature dessert! Topped with vanilla & chocolate ice cream, strawberries, banana, strawberry puree & chocolate syrup 19.95 (840 Cals)

Nutella™ Banana Waffle nutella, chocolate ice cream, banana & chocolate syrup 19.95 (1980 Cals)

Chocolate Divine Waffle chocolate nut brownie, chocolate ice cream, chocolate syrup & banana 19.95 (1280 Cals)

Bananarama Crepe nutella filled, with ripe bananas, fresh strawberries & chocolate drizzle 13.95 (710 Cals)

Berry Banana Gaufrette sweet mini waffle, vanilla ice cream, strawberries, blueberries, banana & strawberry sauce 10.95 (1200 Cals)

SIGNATURE CAKES

Complement your cake with a scoop of ice cream 2.95 (160 Cals)

Sky High Carrot Cake Our Exclusive! Lightly spiced with cranberry, walnut & pineapple - cream cheese icing 13.95 (880 Cals)

Fudge Brownie Cheesecake New York-style, topped with fudge covered brownie - chocolate graham crust 11.95 (870 Cals)

Hummingbird Cake A guest favourite: toasted coconut, pineapple, banana, & walnut - butter cream icing 13.95 (1065 Cals)

Sky High Cakes 13.95 Regular Cakes 11.95

Visit the Cake Showcase to see today's complete cake selection
Whole cakes available for purchase & take out



East Meets West™ Waffle



Symposium Signature Cakes

ICED COFFEES, MILKSHAKES & FRESH FRUIT FREEZIES

All iced coffees & milkshakes topped with whipped cream

Creamy Iced Cappuccino vanilla ice cream, espresso, milk 8.95 (250 Cals)

Creamy Iced Mochaccino chocolate ice cream, chocolate sauce, espresso, milk 8.95 (330 Cals)

Iced Cappuccino espresso & milk, blended 6.95 (90 Cals)

Iced Mochaccino chocolate syrup, espresso & milk, blended 6.95 (170 Cals)

Fruit Freezies your choice of fruit blended to a refreshing iced beverage 9.95 (90-150 Cals)

Traditional Milkshakes made with creamy smooth ice cream 9.95

Chocolate (850 Cals) **Strawberry** (820 Cals)
Vanilla (780 Cals) **Caramel** (850 Cals)

Fresh Fruit Shakes our milkshakes blended with fruit 11.95 (750- 850 Cals)

Choose one or a combination of fruits

Strawberry (40 Cals) **Blueberry** (70 Cals)
Banana (100 Cals) **Blackberry** (50 Cals)
Raspberry (60 Cals) **Pineapple** (60 Cals)



Milkshakes



Affogato

COOKIES, ICE CREAM & SQUARES

All items topped with whipped cream

Affogato amaretto flavoured espresso, almonds, ice cream, 10.95 (620 Cals)

Cookie Sundae cookie with melted chocolate center, ice cream, chocolate sauce 11.95 (730 Cals)

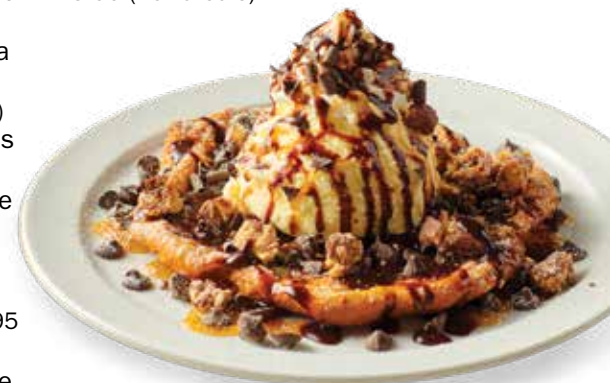
Double Scoop Sundae Choice of: vanilla ice cream & chocolate syrup or chocolate ice cream & caramel syrup 8.95 (480 Cals)
Add strawberries (40 Cals) or banana slices (100 Cals) 1.75 each

Caramel Chocolate Brownie chocolate ganache, chocolate syrup 8.95 (520 Cals)
*contains nuts

Caramel Apple Square granny smith apple, caramel, toffee, caramel sauce 8.95 (290 Cals)

Gluten Friendly Brownie rich brownie option with whipped cream 8.95 (400 Cals)

Cookie Supreme with Snickers™ chocolate chip cookies, ice cream, bites, chocolate & caramel sauces, cocoa 18.95 (1920 Cals)



Cookie Supreme

No substitutions will be made for ingredients.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Any add-ons or substitutions add indicated calories to total calorie count. indicates vegetarian menu item. All items identified with are made gluten free; however due to the possibility of cross contact with items we consider those items gluten-friendly. Please notify management if you have allergies.