



WEEKEND BRUNCH MENU

Saturday and Sunday Menu available 11am - 4pm

SOUPS & SALADS

Creamy Broccoli Cheddar Soup creamy blend of broccoli & cheddar 8.95 (360 Cals)

Tuscan Tomato Bean Soup hearty beans, vegetables & tuscan herbs 8.95 (120 Cals)

Chicken Cobb Salad BBQ chicken, romaine, bacon, hard boiled egg, tomato, cucumber, goat cheese & pea shoots. Choice of dressing 23.95 (1060 Cals)

Teriyaki Salmon Salad grilled salmon loin with teriyaki glaze, romaine, tomato, cucumber, broccoli, mushroom, pea shoots & wontons. Choice of dressing 26.45 (480 Cals) Without wonton

Spiced Rubbed Chicken Salad chicken thighs, romaine, bacon, parmesan, croutons, garlic dressing 21.45 (450 Cals)

Pineapple Sunset Salad mixed greens, grilled spiced pineapple, avocado, feta, tomato, cilantro, red onion, crunchy wonton & creamy southwest dressing 19.95 (390 Cals) Without wonton

Mediterranean Salad cucumber, tomato, feta, red onion, green pepper, romaine & kalamata olives, with our signature homemade dressing 15.95 (340 Cals)

Caesar Salad romaine, bacon, seasoned croutons & parmesan with our signature creamy dressing 14.95 (430 Cals)

Add a protein to your Mediterranean or Caesar Salad:

Chicken	7.50	(230 Cals)
Shrimp	9.00	(120 Cals)
Salmon	10.00	(250 Cals)
Steak	10.00	(190 Cals)

Dressings: Ranch (180 Cals), Italian Vinaigrette (370 Cals), Creamy Garlic & Parmesan (430 Cals), Creamy Southwest (430 Cals) or Clover Honey & Mustard Seed Vinaigrette (40 Cals)

HANDHELDS *Served with Mediterranean side Salad

California Sandwich char-grilled chicken, guacamole, bacon, black beans, cheddar, tomato, lettuce, onion, & spicy aioli, on a potato bun 25.95 (860 Cals)

Chicken Bacon Club grilled chicken BLT on ciabatta bread 22.95 (450 Cals)

Garden Vegetable Wrap avocado, chickpeas, roasted red pepper, goat cheese, pickled vegetables & tzatziki on a sundried tomato tortilla 19.95 (540 Cals)

Chicken Caesar Wrap spice rubbed chicken, bacon, parmesan, creamy dressing & chopped romaine 20.95 (720 Cals)

BURGERS

Topped with lettuce, tomato, pickle & onion, on a toasted bun, with Mediterranean side Salad

Symposium Burger two patties of premium Angus Chuck with Symposium's signature burger sauce 19.95 (480 Cals)

Symposium Single Burger single patty of premium Angus Chuck with signature burger sauce 15.95 (300 Cals)

"Beyond Meat"™ Burger plant-based protein 18.95 (380 Cals) gluten free bun available

Add Cheese Mozzarella (80 Cals) Cheddar (110 Cals) Swiss (110 Cals) 2.00 each

Add Veggies Hot Peppers, Roasted Zucchini, Sauteed Onions or Mushrooms (20 Cals) .95 each

Add Meat Bacon 2.00 (180 Cals), Peameal Bacon 2.25 (40 Cals)

Add Extras Bacon Jam (90 Cals), Guacamole (90 Cals), Coleslaw (60 Cals), Housemade Bruschetta Mix (70 Cals), Jack Daniel's Sauce (60 Cals) 1.25 each, Onion Rings 2.00 (60 Cals)

*Substitute Mediterranean side Salad, at no charge, with: Fries (+120 Cals) Caesar side Salad (+60 Cals), or Tuscan Tomato Bean Soup (-40 Cals)
Substitute Sweet Potato Fries (+160 Cals) or Onion Rings (-20 Cals) +1.50 each, Poutine (+240 Cals) +3.00

BREAKFAST BEVERAGES Juices

Strawberry-Banana-Orange 6.75 (130 Cals) **Mango** 6.75 (140 Cals)
Orange 5.95 (110 Cals) Blend into an iced, fruit juice slushie (add .70)

	Cals		Cals
Espresso	4.45	Cappuccino	5.75
Double Espresso	5.45	Cafe Mocha	6.65
Espresso Macchiato	4.75	Vanilla Chai Latte	6.65
Double Macchiato	5.75	Vanilla Steamer	5.45
Cafe Latte	5.95	Hot Chocolate	5.45
Vanilla Latte	6.65	Tea Orange Pekoe	4.25
Brewed Coffee	4.25	Tea Specialty & Herbal	5.25

All Coffees available decaffeinated

BRUNCH COCKTAIL SPECIALS

Daily 9am -3pm



\$6⁹⁵

- Caesar (1.5 oz) 200 Cals
- Mimosa (4 oz) 170 Cals
- Raspberry Mimosa (4 oz) 190 Cals